

# *Around Happiness*



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## AROUND HAPPINESS

When it comes to happiness, don't forget that we always become what we love.

Those who accept themselves as they are, giving their best in life, will find it easier to be as happy as they hope.

Our happiness will naturally be proportional to the one we give others.

Your neighbor's happiness often begins with the smile you want to give them.

Happiness can show itself, walk, talk, and communicate in external life, but it resides with an exact address in the tranquil conscience.

If you aspire to be happy and still bring along determinate guilt complexes, begin to desire your liberation by embracing work in favor of others to repair some damage you may have caused to the detriment of someone.

Understand yourself; self-knowledge fosters humility, essential for happiness.

Love is the force of life, and the work linked to love is the powerhouse generator of happiness.

If you stop complaining, you will notice that happiness calls your heart to a new life.

When the sky is gray and pouring rain, meditate on the abundant harvest that will emerge from the field and the beauty of the flowers in the garden.

